

TODAY'S NEWCOMER

Monthly Social Meetings we be held online during pandemic

President's Message

Dear Friends,

Spring is the season of regeneration and growth! We traditionally take stock, do "spring cleaning" and start planning for the warm season.

Newcomers' Board has been assessing what we have accomplished so far in 2020/2021 and will be asking for your feedback soon.

Here are a few things that we have accomplished in a year when we had to rethink everything and to mainly connect online. Thanks to your adventurous spirit and adaptability we made it work. Oh, and thanks to Zoom!

Activities- Based on your preferences we kept one third of our previous activities going and added two new ones. We also continue to suggest outdoor activities to do on your own with loved ones.

Monthly Meeting & Events - We continued the monthly meetings with greatly informative presentations and chat rooms. We even had the Holiday party online. What fun!

Newcomers Budget- Thanks to your generosity, we were able to save the club's finances. The exquisite baskets donated by Board members and others made the



process enjoyable for everyone.

Social Media and Newsletter- The website was redesigned and a members' page added to facilitate registrations. The

newsletter was beautifully redesigned in format and content. Our communications to the public were enhanced to attract more members.

Newcomers Cookbook- A great design team, along with your recipes created a cookbook that represents your best dishes.

A Lifeline During COVID-19- Our most important accomplishment, according to many of you, is that Newcomers provided a lifeline for some and made meaningful social connections possible for all. One person said it best "it saved me. I don't know what I would've done without it." This not only refers to the online contact, but the ability to connect on your own with a few members for safe walks or dinners. New friendships were formed and existing ones were strengthened.

All of the above and more was possible because of your participation, generosity and caring for each other! *THANK YOU!*

Sausan Fahmy

April Monthly Program Speaker



Finch Frolic Garden Taming Your Yard with Permaculture

Diane Kennedy, owner and operator of Finch Frolic Garden will teach us how permaculture recycles materials to create a thriving garden. In this talk she'll explore what permaculture is, and offer several easy examples of what you can do immediately to make your yard more manageable. And . . .you will get a sneak peak of the amazing Finch Frolic Garden which is open for tours!

Tuesday, April 8, at 10 am

Online via Zoom

<https://us02web.zoom.us/j/82995382819>

Meeting ID: 829 9538 2819

Next Board Meeting

April 6th at 10 am

If you would like to attend via Zoom, email

fallbrooknewcomers234@gmail.com

so we can send you the Meeting ID

April Birthdays



Christy Gordon 4/2

Fay Vonada 4/4

Barbara Christopher 4/6

Mike Perdue 4/25

Sunshine & Caring

Sunshine and caring is always there for our friends, please let Peggy Landers know if you would like her to send a card to cheer someone up

559 708 1897

peggylanders21@gmail.com





Detailed April Activities

To register for an activity, contact the Chairperson listed.

Currently all activities are on Zoom

GAMES & GOODIES– APRIL 10, 4-6 pm. Join in this Hilarious Fun! We will continue with Scattergories or may be playing our new game called "Things" on Zoom. Register with Eileen Weeks at eileen.weeks@comcast.net or Peggy Landers at peggylanders21@gmail.com

DANCE PARTY– APRIL 14th and 28th (2nd & 4th WED) at 3pm. Enjoy new dances while you get a body and brain workout. The next dance will be “Boot Scooting Boogie.” Register with Peggy Landers at peggylanders21@gmail.com and to get the link for a practice video.

COOK ALONG– APRIL 15th at 4pm. Join us for this fun way to share good times and good food! This month we will be preparing Roasted Chicken with Avgolemono Sauce demonstrated by Mindy Conner and Asparagus Galette demonstrated by Linda Rosensteel. To receive the recipe and shopping list prior to the meeting, register with Linda Rosensteel at rrljr0000@aol.com or call 760-953-2811.

READING ROOM– Monday, APRIL 19th at 10am. Join us for a stimulating book discussion. The April book is “The Pioneers by David McCullough” Register with Linda Rosensteel at rrljr0000@aol.com or call 760-953-2811

BUNCO, NEWCORE– APRIL 21st at 1pm. Join the fun with your Bunco Babes. Remember to register early with Mindy Conner at mconner0126@gmail.com

LADIES NIGHT OUT– APRIL 27th at 4pm on Zoom. We’re Sharing! We’ve all led full and interesting lives, right? Is there something in your life that you’ve created, inherited or treasure that you would love to share with us? Be ready at your computer/devise, bring a favorite beverage and snack. Register with Joanne Jackson at jmm1213apr@yahoo.com or call 310-713-9981

WALKABOUT Explore the wonders of our largest and most local hiking/park at Los Jilgueros (off So. Mission) a preserve of the Fallbrook Land Conservancy. If you need more information contact Bertha Duncan duncan.bertha@yahoo.com

HAPPY DIGGERS “With Spring coming soon, try this idea for a centerpiece on your table. Use paperwhite, daffodil, crocus, hyacinth or tulip bulbs to bring beautiful blooming flowers inside. <https://www.youtube.com/watch?v=u4wZAn1Md8M>

Activities for April 2021...

To register for any of the Activities, contact the Chairperson at the phone or email listed below

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				April Fools Day		
4	5	6	7	8	9	10
Easter		Board Meeting via Zoom 10am		Social Meeting via Zoom 10am		Games and Goodies 4pm-6pm Scattergorries Eileen Weeks eileen.weeks@comcast.net or Peggy Landers peggylanders21@gmail.com
11	12	13	14	15	16	17
			Dance Party 3pm Peggy Landers 559-708-1897 peggylanders21@gmail.com	Cook Along 4pm Linda Rosensteel 760-953-2811 rrrljr0000@aol.com		
18	19	20	21	22	23	24
	Newcore Reading Room 10am Linda Rosensteel 760-953-2811 rrrljr0000@aol.com		Newcore Bunco 1pm Mindy Conner 949-579-0477 mconner0126@gmail.com	Earth Day		
25	26	27	28	29	30	
		Ladies Night Out 4pm Joanne Jackson 310-713-9981 jimm1213apr@yahoo.com	Dance Party 3pm Peggy Landers 559-708-1897 peggylanders21@gmail.com			

2021-2022 Slate of Officers Announced

The Newcomers Nominating Committee is presenting their list of nominees for Executive Board Officers. Attendees at the upcoming April 8, 2021 meeting will have the opportunity to vote YES on the Executive Board list of nominees. For the Executive Board positions.

President: Mindy Conner

My husband Len and I moved to Fallbrook from Orange County, CA. three years ago this April. We've been married ten years and have six children and seven grandchildren. Through now (mostly) retired, I spent most of my career in the health and beauty industry and still manage an online store where my skin care line is sold. Len and I instantly fell in love with Fallbrook, but it wasn't until we joined Newcomers that we truly felt a sense of community and belonging. We both treasure the friends we've made and all that we've enjoyed being a part of the club. I look forward to serving another year on the board and meeting and making more new friends.

Vice President: Keith Johnson

I have been a member of Newcomers since September 2017. I quickly developed a deep and abiding love for our Club and what it does for our members and the community at large. In 2019 I was asked me to Chair the Wine & Dine. Wine and Dine quickly became a very popular event. I have served on numerous nonprofit boards for most of my adult life and always found it rewarding. It has been so rewarding working with the member of Fallbrook Newcomers.

Secretary Kathy Galindo

I am married to Garry Galindo. I Moved to Fallbrook January 2018 from San Clemente. I retired dental office manager. Garry and I own GKG Vineyards in Fallbrook. I have two sons and two grandchildren. I love to garden and tend to the Vineyard in my spare time. The best thing about Fallbrook Newcomers is meeting wonderful new friends!

Treasurer: Misha Perdue

I am a Midwestern girl. I grew up in Illinois. I went to New Trier East High School, and DePaul University. I became a divorced, single parent in my early 20's. I raised a girl, who is an Architect, and a boy, who is a Real Estate Sales Agent in San Diego. Mike and I met 5 years ago, fell head over heels in love with each other and got hitched at Laguna Beach. We have a combined total of 9 children, 9 grandchildren, and one very spoiled puppy, named Happy. Mike and I love to cook and watch movies together.

I look forward to being Fallbrook Newcomers Treasurer for a second year and to having fun at their outings and game nights.

Programs: Cheryl Simmen

I was born and raised in Long Beach, CA. Before graduating from CSU Long Beach, my college career included studies at the Universidad de Las Americas in Mexico, and University of Hawaii.

I worked with children's charities as Executive Director and grant writer for many years before becoming a fundraiser for GW Medical School and Georgetown Law School in Washington D.C.

I love making new friends in Newcomers and exploring the San Diego area. I also love volunteering and learning with the Fallbrook Garden Club. I am chairman of the Landscape Committee of my home owners association at East Ridge in Fallbrook. I am also a member of the Fallbrook Ukulele Strummers.

Activities: Marcia Stuart

I grew up in New England, in a little seashore town north of Boston. Moved to California in 1977 where I graduated from UC Berkeley. I spent the next 30+ years in the Bay Area, working for several hospital systems, originally in Marketing, then Community Outreach and Prevention. Retired from Kaiser, worked as ED for a private physician group in Integrative Medicine. In 2015 I moved to southern Oregon, where I discovered my delight in country western line dancing. I Arrived in Southern Ca by motor home in 2017 settling in Fallbrook to be close to my son and grandsons. Many thanks to my line dancing friends for inviting me to join Newcomers where I have been blessed to find so many wonderful, and now dear friends. I've learned so much about my new community and come to enjoy many new games and events. Fun times!

Events: Carolyn Stankaitis

I was born in a small rural area in Tennessee a couple hours south of Nashville. My parents moved to Indiana when I was a child so I actually grew up in Indiana. I was married there and we moved to San Diego in 1970. (Divorced in 1986) We were lucky to land in the Ocean Beach/Point Loma Area where I raised our two sons. (Jason and Jeffrey). They also moved to Fallbrook with us and now have opened a restaurant named Coal Bunkers on Main Ave. I met John Stopper in 2003 and we have been together since that time! We decided to move to Fallbrook in order to gain more space around our home.

Membership: *Looking to fill this position*

2021-2022 Chairpersons, Presidential Committee & Assistants



Thank You All for Volunteering!

Activity Chairpersons

- | | |
|--------------------------|--------------------|
| Hand & Foot | Kathy Galindo |
| Ladies Night Out | Eileen Weeks |
| Mahjong | Sali Raddani |
| Out & About | Linda Cartensen |
| Salad Spinners | Christi Gordon |
| Games & Goodies | Modeste & Mike |
| Partners Hand & Foot | Mindy & Len Conner |
| Wine & Dine | Christy Gordon |
| Newcore Reading Room | Linda Rosensteel |
| Cook-A-Long | Linda Rosensteel |
| Newcore Walkabout | Bertha Duncan |
| Newcore Bunco | |
| Happy Diggers | |
| Newcore Camping RV Group | |
| Shanghai Rummy | |
| Newcore Mahjong | |
| Events Assistants | |

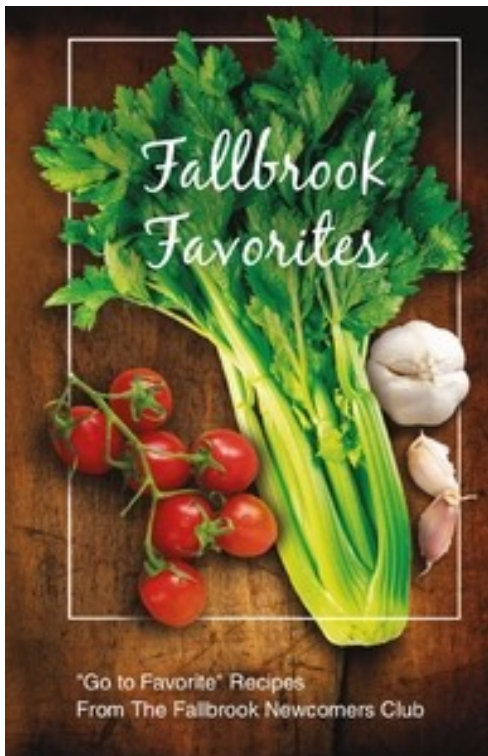


Kathy Galindo (Co-Chair), Christi Gordon, Janell Makaipo, Cheryl Simmons,

Presidential Committee

- | | |
|-----------------------------------|--------------------|
| Centerpieces | Janell Makaipo |
| Lunch Bunch | Cheryl Burnette |
| Newsletter Editor & Circulation | Shannon Cullip |
| Opportunity Drawing | Gayle Luczyk |
| Room Setup | Les & Gayle Luczyk |
| Tablecloths | Les & Gayle Luczyk |
| Sunshine & Caring | Linda Cartensen |
| Food Pantry | |
| Liaison | |
| Hospitality | |
| Photographer/ Events and Meetings | |
| Social Media Admin & Print Media | |

There are still positions to fill and if you're feeling like a pearl, please contact us and we'll help you shine!



The Newcomers cookbook is on its way!

One hundred fifty tasty tried-and-true recipes from some of the best cooks in Fallbrook and 16 pages of cooking tips into a single book. Everything from appetizers to desserts, roasting times, and oven temps. Each recipe includes the contributor's name, so it's easy to find the recipes of friends and loved ones.

As a special bonus, each book purchased comes with a Free downloadable e-book.

Books are selling quickly, so if you still haven't placed your order, act now to reserve your copy(s).

Books will be available soon to pick up at three convenient neighborhood locations. You will receive an email notification once they arrive. You may make payments in cash or by check at time of pickup. If pick up isn't possible, delivery can be arranged.

Many thanks to all that contributed recipes and order(ed) books. We appreciate your support!

The Newcomers Cookbook Team

To reserve your copy(s), email your full name and phone and # of copies to -
Mindy Conner mconner1026@gmail.com or Nancy Barton Bartonmanor2004@yahoo.com



Fix-It Fridays: Every Friday from 1:00 to 3:00 PM

Fix-It-Friday has moved online via Zoom meetings. If you have a problem with your phone, tablet, desktop, or laptop, register for this Zoom session. Include in the registration, information about the device you are having the problem with and a description of the problem. There will be several volunteers available to help you one on one to solve the problem.

When you register for your class, you will receive an email with a link that you will use to join the Zoom meeting. Just click on the link to join the meeting. For complete instructions on how to join a Zoom meeting from any device, **click here**. If after following the directions, you need help getting set up with Zoom, help will be available. Please contact the Foundation for Senior Care office at 760-723-7570 or email: senior_care_computer_classes@yahoo.com.

Be sure to answer the questions about your device and the problems you are having during registration. This information is provided to the instructors so they are prepared to answer your questions.

February's Guest Speaker

Fallbrook Public Utility District's General Manager, Jack Bebee, was our February guest speaker. It was very informative as to how the water system works in Fallbrook. He explained how water comes to us. Why it's so so expensive and what the future holds for all us. If you were unable to attend the February Social on zoom his presentation is attached as a .PDF to the email that delivered this newsletter.

Executive Board of Directors for 2020-2021

President - Sausan Fahmy
Vice President – Nancy Barton
Secretary – Kathy Galindo
Treasurer – Misha Perdue
Programs – Cheryl Simmen
Membership – Mindy Conner
Activities – Marcia Stuart
Events – Carolyn Stankaitis



With great sadness...

...I report my father Jerome "Jerry" Newberry passed away March 16, 2012 here at my home after a long hard fought battle with cancer. 85 years and 22 days young.

He lived most of his life in St. Louis, MO then moved to Fallbrook in May of 2020 to live with us and receive care from UCSD. He was many things- but mostly an outstanding artist, a marine trained at Camp Pendleton. Raised 3 daughters as single parent for which we will be forever grateful for his unconditional love. Fly free of pain Dad.

Your Newsletter Editor, Linda Wilson

President's Committee for 2020-2021

Centerpieces – Lisa Stanley & Janell Makaipo
Food Pantry – Donna Martinez
Hospitality – Linda Rosensteel & Linda Carstensen
Liaison – Patty Vasquez
Lunch Bunch – Jeanne Rosetta
Newsletter & Circulation – Linda Wilson
Opportunity Drawing – Gayle Luczyk, Cheryl Burnette and Alice Johnson
Photographer/Events - **AVAILABLE**
Photographer/Meetings – Linda Wilson
Room Set Up – Les Luczk, Arlyn Smith & Glen Landers
Social Media Admin & Print Media – Caryn Linn
Sunshine & Caring – Peggy Landers
Tablecloths – Gayle Luczyk

Activity Chairpersons for 2020-2021

Hand & Foot – Dorothy Camper
Ladies Night Out – Joanne Jackson
Mahjong – Kim Shumaker
Out & About – Linda Carstenson
Salad Spinners – Christie Gordon
Shanghai Rummy – Blanca Perla
Games & Goodies – Eileen Weeks
Partners Hand & Foot – Patty Vasquez
Wine & Dine – Christie Gordon
Bunco (Newcore) – Mindy Conner (N) & Eileen Hctor (E)
Camping/RV Group (Newcore) – Liz Incedon (N) & Bev Riling (E) & Reggie DeNicola (E)
Happy Diggers (Newcore) – Waleen Radisay (N) & ?
Mahjong (Newcore) – Sali Raddani (N) & Carol Johnson (E) & Nancy Downs (E)
Reading Group (Newcore) – Linda Rosensteel (N) & Gay Smith (E)
Walkabout (Newcore) – Bertha Duncan(N) & Pat Bodi (E)